

## Intensive Fostering case study

### March 2012

#### 1. Introduction

This case study details Anna's experience of Intensive Fostering.

#### 2. Anna's story

##### Previous Offences:

Causing Harassment, Alarm and Distress, Assault by Beating

##### Sentencing Offences:

ABH x 3, Affray

##### Relationships:

Anna had an argumentative and stressful relationship with her Mum. Anna's Mum tried to set Anna boundaries which she refused to adhere to.

##### Substance Misuse:

Anna was referred to Substance Misuse Services for her high use of alcohol. Anna refused to engage in this service so was still drinking heavily just before beginning the programme and because of this was not engaging in any education, training or employment.

##### What the Intensive Fostering did for Anna:

During her time on the Intensive Fostering programme, Anna saw two workers once a week. With these workers Anna identified future goals, ambitions and hobbies. Anna expressed an interest in horse riding so was provided a volunteering placement at the local stables. This then led to her wanting a career in horse racing and becoming a trainer.

The programme helped Anna to apply and secure a college place to study Horse Management. This then allowed Anna to apply (and be successful) for a place at a large race course.

The programme also worked with Anna around keeping herself safe and Anna did not drink for the duration of the programme. As the programme does not allow young people to smoke Anna's cigarette habit also reduced.

The programme's family worker worked with Anna's Mum to build upon their relationship and instigate boundaries which both were happy to have and keep to. This enabled a successful return home for Anna once she graduated from the programme.

##### Life after the Intensive Fostering:

Anna has continued to do very well since her graduation and has continued to pursue a career in horse racing. She is currently studying at a large race course and hopes to become a trainer. Anna speaks publicly for Action for Children Intensive Fostering about the benefits and importance of having it available as a sentencing option. Anna has spoken at a local Magistrates Conference and has helped to deliver training on the importance of participation.

Anna is also employed by a large national company and has held this job since her return to her home area.

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*as long as it takes*